



SPEAR

homelessness to independence

HEALTH & WELLBEING DAY

for people experiencing homelessness or seeking asylum



Friday 24 January
10am - 2pm



Twickenham United
Reformed Church
First Cross Road
Twickenham, TW2 5QA

Services include:

- Free breakfast and lunch
- General health advice
- Substance abuse support
- Oral hygiene advice
- Hairdresser
- Emotional wellbeing
- And much more!

You do not need to be registered with a GP, have proof of address or immigration status.



For help with travel costs, contact SPEAR on 07773 036612



Charity number: 1122206 | Company number 06396687 | 89 Heath Road, Twickenham, TW1 4AW

