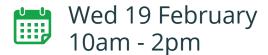


## **HEALTH & WELLBEING DAY**

for people experiencing homelessness or seeking asylum





## Services include:

- Free breakfast and lunch Hairdresser
- General health advice
- Substance abuse support
  NHS liver fibroscan
- Oral hygiene advice

- Emotional wellbeing
- And much more!

You do not need to be registered with a GP, have proof of address or immigration status.



For help with travel costs, contact SPEAR on 07773 036612



**Central London Community Healthcare** 

